**Dr. Rizwana Abbasi**

**Professor | International Relations | National University of Modern Languages, Islamabad**

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**Highest Qualification**
PhD: University of Leicester, UK

## RESEARCH Area

Global Political Thought; Security Studies; Strategic Studies; Nuclear Deterrence, Doctrines and Strategies; Arms Control and Disarmament; Nuclear Safety and Security; Cyber Security; Emerging and New Technologies.

## PROFESSIONAL APPOINTMENTS

- 2025 — Professor, Department of International Relations & Peace and Conflict Studies, NUML, Islamabad.
- 2022–2026 — Associate Professor, Department of International Relations & Peace and Conflict Studies, NUML, Islamabad
- 2021 — Associate Professor / Head of Department, Peace & Conflict Studies, NUML, Islamabad.
- 2020–2021 — Associate Professor / Head of Department, International Relations, Peace & Conflict Studies, NUML, Islamabad.
- 2019–2020 — Associate Professor, International Relations, NUML, Islamabad.
- 2018–2019 — Associate Professor, Bahria University, Islamabad, Pakistan.
- 2011–2018 — Assistant Professor to Associate Professor, National Defence University (NDU), Pakistan.
- 2010–2011 — Teaching and Postdoctoral Research Fellow, University of Leicester, UK.
- 2004–2007 — Research Fellow, University of Leeds, UK.

## INTERNATIONAL FELLOWSHIPS & PROFESSIONAL AFFILIATIONS

- 2024–Present — Research Fellow, Central European University, Austria.
- 2018–2020 — Fellow, EastWest Institute, New York, USA.
- 2018 — Visiting Fellow, Stimson Center, USA.
- 2015 — China–Pakistan Young Workers' Seminar Camp, China.
- 2015 — Fellow, Asia-Pacific Center for Security Studies (APCSS), Hawaii, USA.
- 2010–2011 — Teaching and Postdoctoral Research, University of Leicester, UK.
- 2003–2007 — Research Fellow, Department of Politics & International Studies, University of Leeds, UK.

## HONORS & AWARDS

- Best PhD Thesis Award, University of Leicester, UK (2012).
- Best Research Award, HEC, Pakistan (2013).
- Best Research Award, NDU (2014).
- Best Research Award, NDU (2015).
- Best Research Award, Policy Pak Institute, Islamabad (2022).
- Best Research Award, NUML, Islamabad (2022).
- PhD Partial Support Scholarship Award, HEC, Pakistan.
- Multiple Travel Grant Awards (USA), HEC, Pakistan.
- INMM Annual Meeting, US Stipend Award, 2025.

## DOCTORAL & M. PHIL SUPERVISION COMPLETED

- PhD — 10 X PhD Theses supervised and degrees awarded (2011–2026);
- MPhil — 32 X M. Phil Theses supervised and degrees awarded (2011–2026).

## UNIVERSITY & PUBLIC SERVICE

- Board Member of various bodies of HEC and the Area Study Centre (Russia, China, and Central Asia), University of Peshawar.

- Board member of academic and admission committees at various national universities since 2011.
- Member of different committees/boards at NUML.
- Regular Op-Ed contributor in national and international daily newspapers on areas of research and professional interest.
- Regular speaker on national and international forums and television channels on issues of national significance.

## PUBLISHED BOOKS

- *Changing Patterns of Warfare between India and Pakistan: Navigating the Impact of New and Disruptive Technologies* (Oxford: Routledge, 2023).
- *Building a Road to Nuclear Disarmament: Bridging the Gap between Competing Approaches* (Oxford: Routledge, 2021).
- *Nuclear Deterrence in South Asia: New Technologies and Future Challenges to Sustainable Peace (Oxford: Routledge*, 2019).
- *Pakistan and the New Nuclear Taboo: Regional Deterrence and the International Arms Control Regime* (Oxford: Peter Lang, 2012).

## REFEREED JOURNAL ARTICLES

1. 2013: Regional-centric Deterrence: Reassessing its Efficacy for South Asia, *Korean Journal of Defence Analysis*, Vol. 25, No.4 (Dec 2013).
2. 2014: Emerging Security Trends and Legitimacy of the Nuclear Non-proliferation Regime, *Journal of the Institute of Strategic Studies*, Vol. 34, No. 2 & 3 (Summer and Autumn 2014)
3. 2015: Nuclear Terrorism and Pakistan: Reassessing State's Behaviour, *Pakistan Horizon*, Vol. 68, No. 1 (Jan. 2015).
4. 2015: Deterrence Transformation in South Asia and Challenges to Regional Stability, Pakistan Horizon, Vol. 68, No. 2 (April 2015).
5. 2015: Enduring India-Pakistan Rivalry: Prospects for Conflict Resolution, *Regional Studies*, Vol. XXX III, no. 3 (Summer 2015).
6. 2015: The Irrelevance of Nuclear Global Zero in the Changed Strategic Dynamics of International Politics*, NDU Margalla Journal*, Vol. XIX, Issue II (December 2015).
7. 2015: A Strategic Shift in Indo-Pak Nuclear Strategy: Implications for Regional Stability, *IPRI Journal,* Vol. XV, No. 2 (Summer 2015).
8. 2016: Nuclear Energy Security, Emerging Global Trends and Pakistan, *Policy Perspective Journal, Vol*. 13, no.2 (2016).
9. 2016: A Comparative Analysis of Indo-Pakistan Strategic Behavior: Effects on Regional Peace and Deterrence Stability, *Korean Analysis of Defence Analysis*, vol. 28, No. 3 (September 2016).
10. 2016: Indo-Pakistan Distinct Strategic Direction and Fragility of Peace, *Pakistan Horizon*, Vol. 68, No. 3 (2016).
11. 2016: Pakistan in the Global Nuclear Order, *ISSI, Islamabad Papers under Nuclear Series,* No. 1 (Feb 2016).
12. 2017: Evolving Power Industry and Indo-Pakistan Bid for the NSG Membership, Pakistan Horizon, Nuclear Vol. 70, No. 1. Jan 2017
13. 2020: 'Evolving Security Dilemma Between US and China: Implications for Regional Strategic Stability of Pakistan,' *Pakistan Horizon,* Jan *2020.*
14. 2021: 'Comparative analysis of US and Chinese Foreign Policy towards South Asia; Implications for Pakistan,' *Global Regional Review*, Vol 5, No 4, Published 20 January 2021

15. 2021: Iran and Saudi Arabia's Strategic Rivalry and the Middle Eastern Security: An Assessment, *Liberal Arts and Social Sciences International Journal*, Vol. 5, Issue 1, 2021.
16. 2022: Impact Analysis of Rising Strategic Instability on Nuclear Disarmament, *Pakistan Horizon, Vol 74, No. 4* (October 2021)
17. 2022: Transforming Academic Discourse: Case Study of International Relations as Discipline, *International Critical Thought,* Vol 12, Issue 01 (10 March 2022).
18. 2022: 'Rising Strategic Instability and Declining Prospects for Nuclear Disarmament in South Asia – A Pakistani Perspective,' *Asian Journal of Peacebuilding,* Vol. 09, No. 2 (7 Feb. 2022).
19. 2022: 'Indian Cruise Missile Misadventure: Malfunction or Malafide Intentions?' Vol. 8 No. 1 (2022): *Journal of Security and Strategic Analyses (JSSA).*
20. 2023: 'Strategic Stability of South Asia in the Age of Artificial Intelligence ', *Pakistan Horizon,* Vol. 75 No. 4 (2022): Pakistan Horizon
21. 2023: Global Power Shift and Foreign Policy Choices for Pakistan, *Strategic Studies* (Vol. 43 No. 1, Summer 2023).
22. 2025: Risks of Maritime Entanglement between India and Pakistan in the Indian Ocean Region: A Need for Maritime Confidence-Building Measures, *Strategic Studies*, Vol. 44 No. 2 (2024).
23. 2026 — "Lethal Autonomous Weapon Systems: Escalation Dynamics and Strategic Stability", *Strategic Thought, Vol. 8 No. 1 (2026).*

## SELECTED NON-REFEREED PUBLICATIONS

- 2022 — "Indian Cruise Missile Misadventure: Malfunction or Malafide Intentions?" Hilal Magazine.
- 2020 — "Security Competition Between US and China: Impact on Regional Strategic Balance of South Asia," Green Book.
- 2019 — "Global Arms Control Crisis and Evolving Security Trends," Hilal Magazine.
- 2019 — "Assessing Parameters of India's Nuclear Behavior," Hilal Magazine.
- 2016 — "Pakistan's Peaceful Nuclear Programme and the NSG," Green Book.
- 2016 — "Nuclearization of the Indian Ocean and Effects on Regional Stability," Pakistan Navy News Magazine.
- 2016 — "Pakistan in the Global Nuclear Order," ISSI Islamabad Papers under Nuclear Series.
- 2016 — "Pakistan's Peaceful Nuclear Energy Projects and NSG Membership."
- 2016 — "Emerging Regional Political Order in South and East Asia: Constructive Role China–Pakistan," Pakistan Navy News Magazine.
- 2015 — "The Nuclear Non-proliferation Regime and Non-NPT States," Pakistan Army's Green Book.
- 2015 — "Evolving Maritime Strategies and Force Postures in the Indo-Pacific Region: Impact on Regional Strategic Stability."
- 2014 — "Strategic Stability in South Asia," ISPR's Hilal Magazine.
- 2014 — "Efficacy of the Nuclear Supplier Group and Pakistan's Membership," ISPR's Hilal Magazine.
- 2015 — "Enduring India-Pakistan Hostility: Prospects for Conflict Resolution," ISPR's Magazine.

## OP-ED & PUBLIC COMMENTARY

1. 2025: Cybersecurity Framework for Maritime Port Management, *Global Security Review,* https://globalsecurityreview.com/cybersecurity-framework-for-maritime-port-management/
2. 2025: Proposing Maritime Confidence-Building Measures between India and Pakistan, *Global Security Review*: https://globalsecurityreview.com/cybersecurity-framework-for-maritime-port-management/
3. 2025: 'The Use of EDTs in Ukraine could offer lessons for military strategies in South Asia', *The European Leadership Network,* 11 Oct. 2024.

4. Indian Cruise Missile Misadventure: Malfunction or Malafide Intentions? *The Roads Initiatives:* April, 7, 22: *https://theroadsinitiative.org/indian-cruise-missile-misadventure-malfunction-or-malafide-intensions/*
5. Pulwama/ Balakot Strikes and Deterrence Instability in South Asia, *Roads Initiatives,* March 18, 22: *https://theroadsinitiative.org/pulwama-balakot-strikes-and-deterrence-instability-in-south-asia/*
6. Building a Road to Nuclear Disarmament: Bridging the Gap between Competing Approaches, March 9, 2022: https://theroadsinitiative.org/building-a-road-to-nuclear-disarmament-bridging-the-gap-between-competing-approaches/
7. New Warfare Domain and Deterrence Theory Crisis, *E-IR, May 13, 2020: https://www.e-ir.info/pdf/84144*
8. Creating an Environment for Nuclear Disarmament, *E-IR,*
9. Aug 2, 2019, https://www.e-ir.info/2019/08/02/creating-an-environment-for- nuclear-disarmament/
10. 2019 Universities and National Development, *Express Tribune,* 26 December 2019: https://tribune.com.pk/story/2124938/6-universities-national-development/
11. 2019 India's Thermonuclear Bomb, *Express Tribune,* 03 August 2019: https://tribune.com.pk/story/2070720/6-indias-thermonuclear-bomb/
12. 2019 Creating an Environment for Nuclear Disarmament, E-IR, 02 August 2019: https://www.e-ir.info/2019/08/02/creating-an-environment-for-nuclear-disarmament/
13. 2019 Arms Control in Crisis, *The Geopolitics,* 06 April 2019*:* https://thegeopolitics.com/arms-control-in-crisis/
14. 2018 Twenty Years into Nuclear South Asia: Resuming Dialogue to Stabilize Deterrence, *South Asian Voices,* 25 May 2018: https://southasianvoices.org/nuclear-south-asia-dialogue-stabilize-deterrence/
15. 2018 Pakistan's Elections: How Will the Outcome Impact Foreign Policy: *South Asian Voice,* Jul 2018: https://southasianvoices.org/pakistani-elections-how-will-the-outcome-impact-foreign-policy/
16. 2018 India's Regional Stability Challenges, *Express Tribune, 02 March 2018*
17. 2018 Illusory Goals in Afghanistan, *Express Tribune,* 08 Sep 2017: https://tribune.com.pk/story/1500308/illusory-goals-afghanistan/
18. 2017 Hot Talks: Nawaz Sharif's Disqualification, *South Asian Voices,* 1 August 2017.
19. 2017 Panama Papers Verdict and the wounded legitimacy of Nawaz Sharif, *South Asian Voices*, 2 May 2017: https://southasianvoices.org/panama-papers-verdict-wounded-legitimacy-nawaz-sharif/
20. 2017 Pakistan and the Nuclear Suppliers Group, E-IR, 11 Jan 2017: http://www.e-ir.info/2017/01/11/pakistan-and-the-nuclear-suppliers-group-nsg/
21. 2016 Pakistan's Nuclear Deterrence and Strategic Stability, *E-International Relations: 28 June 2016: http://www.e-ir.info/2016/06/28/pakistans-nuclear-deterrence-and-strategic-stability/comment-page-1/*
22. 2016 Pakistan and the Nuclear Taboo, *South Asian Voices, Stimson Centre:* http://southasianvoices.org/pakistan-and-the-nuclear-taboo/
23. 2016 Pakistan and the Nuclear Security Summit: *South Asian Voices, Stimson Centre*http://southasianvoices.org/pakistan-and-the-nuclear-security-summit/
24. 2016 Assessing the Resilience and Fragility of the Nuclear Taboo: *E-International Relations: 19 March 2016, http://www.e-ir.info/2016/03/19/assessing-the-resilience-and-fragility-of-the-nuclear-taboo/*
25. 2015 Does the NPT need a Makeover? *Dawn,* 14 June 2015: *http://www.dawn.com/news/1187551/why-the-npt-needs-a-makeover*
26. 2015 How the HEC is wronging Pakistan's scholars, *Dawn,* 09 June 2015: http://www.dawn.com/news/1186940/how-the-hec-is-wronging-pakistans-scholars
27. 2015 Assessing the Iranian Framework Deal, 05 April 2015, http://www.countercurrents.org/abbasi050415.htm
28. 2010 Establishing The New Nuclear Taboo, 26 May 2010: http://www.countercurrents.org/abbasi260510.htm

29. 2008 India in Outer Space, The News, Pakistan 13 Jan. 2008: http://www.thenews.com.pk/editorial_detail.asp?id=96061 / http://www.countercurrents.org/abbasi290108.htm
30. 2008 A question of identity, The News, Pakistan, 10 April 2008, available on http://www.thenews.com.pk/print1.asp?id=105948 / http://www.countercurrents.org/abbasi070408.htm
31. 2008 US Plans in Eastern Europe, The Nation, 27 Dec. 2007: http://forum.prisonplanet.com/index.php?topic=20903.0
32. 2003 Indian Hegemonic Designs, Pakistan Observer, 27 Jan. 2003.
33. 2003 Not by Choice but By Compulsion, Pakistan Observer, 8 Feb. 2003, and in Pakistan Nawa-e-Waqt with title “KhawaishNaeenMajburi”.
34. 2003 Pakistan – Iran – Afghanistan Strategic Equation, published on 26 Feb. 2003 in Pakistan Observer.
35. 2003 War of Shocks and Awe, Pakistan Observer, 5 April 2003.
36. 2003 Technological Security, published in Pakistan Observer on 20-04-2003.
37. 2003 Misrepresented Kashmiri Nation, Published in Pakistan Observer on 11-5-2003.
38. 2003 Need of Political Dexterity, Published in Pakistan Observer on 23-5-2003.
39. 2003 Strategic Strangulation of Pakistan, published in Pakistan Observer on 27-7-2003.
40. 2003 The Same article was published in online Time Magazine on 31 July 2003.
41. 2003 Media Frenzy and its consequences, The Nation, Pakistan.

## NATIONAL & INTERNATIONAL CONFERENCES

- 2008 — 2026 - Participated in and presented conference papers in over 100 national and international conferences.

## INSTITUTIONAL ADDRESS

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